

In this issue: >>>

Breast Cancer Month
Covid 19 Booster
Voting in Georgia
Client of the Month
Support Group Schedule



(Grandparents Raising And Nurturing Dependents with Disabilities)

A program of:



NEWS

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October is Breast Cancer Awareness Month!

In the United States, breast cancer continues to be the most common cancer after non-melanoma skin cancer, and it is the second leading cause of cancer death. While there has been an overall 42 percent decline in breast cancer deaths over the last 30 years—thanks to gains in awareness, early diagnosis, and treatment—there is a persistent mortality gap between Black women and white women.

Advances in early detection and treatment have dramatically reduced breast cancer's ability to take lives overall, but it's clear that these breakthroughs haven't benefitted all groups equally. The gap in breast cancer incidence and outcome among Black women is complex and multifactorial. Social, economic, and behavioral factors may partially account for disparities.

According to the National Cancer Institute, disparities in cancer care can be improved in several ways, including by creating statewide cancer screening programs that are accessible to underserved populations and by addressing the biological differences in breast cancer across racial and ethnic groups.

For more information check out:

<https://www.bcrf.org/blog/black-women-and-breast-cancer-why-disparities-persist-and-how-end-them/>

Breast Cancer Resources In and Around Atlanta

- Good Samaritan Health Center
- Your County's Local Health Department
- WellStar Atlanta: Free Mammography during certain months
- Certain Northside Imaging Locations (Midtown, Hapeville, West Paces, Galleria) : Free mammograms to underinsured women at specific locations
- www.freemammograms.org

Reach out to your case manager for more resources!



CDC Recommends the First Updated COVID-19 Booster...What You Need to Know

- CDC does not recommend mixing products for your primary series doses.
- People ages 18 years and older may get a different product for a booster than they got for their primary series, as long as it is Pfizer-BioNTech or Moderna.
- Teens ages 12-17 years may get a different product for a booster than they got for their primary series, as long as it is Pfizer-BioNTech.
- Children ages 5 through 11 years who got a Pfizer-BioNTech primary series must also get Pfizer-BioNTech for a booster.
- People ages 12 years and older may only get the updated (bivalent) mRNA (Pfizer-BioNTech or Moderna) booster. They can no longer get an original (monovalent) mRNA booster.
- People who are moderately or severely immunocompromised have different recommendations for COVID-19 vaccines, including boosters.
- People ages 6 months through 4 years should get all COVID-19 primary series doses.
- Novavax is not authorized for use as a booster dose at this time.
- People ages 5 years and older should get all primary series doses, and the booster dose recommended for them by CDC, if eligible.
- People ages 5 years to 11 years are currently recommended to get the original (monovalent) booster.
- People ages 12 years and older are recommended to receive one updated Pfizer or Moderna (bivalent) booster.
- This includes people who have received all primary series doses and people who have previously received one or more original (monovalent) boosters.
- At this time, people aged 12 years to 17 years can only receive the updated Pfizer bivalent booster.
- Getting a COVID-19 vaccine after you recover from COVID-19 infection provides added protection against COVID-19.

Source:

<https://www.cnn.com/2022/08/11/health/cdc-covid-guidance-update/index.html>

Voting in Georgia

When to Vote

- Register to vote: by Oct. 11
- Early voting: Oct. 17-Nov. 4
- Submit voted absentee ballot: Oct. 7-Nov. 8
- Election Day: Nov. 8

Ways to Vote

- Early Voting in person
- Absentee Voting by mail or drop box
- Election Day Voting at your polling place

Online Voter Registration

- Check and see if you are registered to vote
- Register to vote
- Make changes to your current registration record



Client of the Month- Ms. Randall

Each month we select a Project GRANDD caregiver to highlight so we can get to know each other.

Ms. Randall is 70 years old, she is raising her 3 granddaughters, Kierstan, Kynneddy, and Zion. She has been an active member since 2018. She is very active in our program. Ms. Randall is very supportive of her granddaughters, she meets their educational, emotional, and social needs. She loves spending time with them by attending their martial art classes, going to the library, movie night, singing, dancing, and traveling out of town together. Ms. Randall also makes sure she takes time for herself by working out at L.A. Fitness. Her advice to others who are raising grandchildren “You have to put your pride behind you and humble yourself”. Her favorite quote is, “I can do all things through Christ who strengthens me” (Philippians 4:13)



SUPPORT GROUPS

We are happy to offer three in-person support groups and one virtual. DeKalb will have a morning session, Fulton will continue the evening family support group (adults, children and teens; childcare for children under 8) and we have added an additional morning meeting. A light dinner is served 6:00pm -6:30pm during the family support group.

RSVP required for in person

Virtual Adult Support 10AM-12PM	10/4- Topic: Benefits of Legal Guardianship Guest- Jacqueline Payne, Attorney from Atlanta Legal Aid	Google Meet: https://bit.ly/ISDDAdult Phone: 414-600-9528 PIN: 888 104 633#
DeKalb AM Adult Support 10:30 AM-12:30PM	10/11- Support and Sharing RSVP: https://bit.ly/PG10-11 or 470-310-3458 Refreshments will be available	DeKalb County Library System: Covington Highway Branch RSVP: https://bit.ly/PG10-11 Or 470-310-3458
Fulton PM Family Support 6PM-8PM	10/10- Support and Sharing RSVP: https://bit.ly/PG10-10 or 470-310-3458. A light dinner will be served 6:00 – 6:30 pm	Fulton Public Library System- Metropolitan Branch RSVP: https://bit.ly/PG10-10 or 470-310-3458
Fulton AM Adult Support 10:30 AM-12:30PM	10/25- Support and Sharing RSVP: https://bit.ly/PG10-25 or 470-310-3458 Refreshments will be available	Fulton Public Library System- Mechanicsville Branch RSVP: https://bit.ly/PG10-25 or 470-310-3458



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