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*(Grandparents Raising And Nurturing Dependents with Disabilities)*



**NEWS**

**March 2022**

**Volume 17 Issue 3**



## **STRATEGIC PLANNING SESSION – Mar 1**

**Project GRANDDD participants are cordially invited to participate in ISDD's strategic planning process.** As the saying goes, “If you don’t know where you are going, you’ll probably end up somewhere else.” With this in mind, ISDD has begun to plan for our future as we enter our third decade as a nonprofit serving kinship families.

A virtual focus group via Zoom facilitated by Lexie Linger and Dolph Goldenburg of Successful Non-Profits, will be held on **March 1 at 10:00 am**. At this session, Project GRANDDD clients can provide feedback about ISDD’s services and where you think we should

go from here. The conversation will be 100% private. Lexie and Dolph will ask all participants to keep their conversation confidential, no ISDD staff will be present, and any feedback facilitators share with the planning committee will be completely anonymous. We hope you will help us!

**WHEN:** Tuesday, March 1, 2022  
10:00 AM

**HOW:** Via Zoom:

Zoom link: <https://bit.ly/SPGRANDD>

**Username:** 404 220 9969

**Password:** 9969

## Fun & Free things to do!

**Painting Event!!** Join Oak Street Health-South DeKalb with Kimberly Edwards for a fun event! Painting supplies and instructions are included. Light refreshments will be served.

**RSVP required:** call 770-508-0991, ask for Callie.

**03/05 & 03/19 @11AM-1PM.**

**2732 Candler Road, Decatur, GA 30034.**

### **Recipe to try: Slow Cooker Beef Stew**

Ingredients: 1lb beef stew meat, 2 medium potatoes, peeled and cubed, 1 can beef broth, 1 can diced tomatoes, 1 medium sweet onion, chopped, 2 medium carrots, 3 bay leaves, ½ teaspoon of salt, dried thyme and chili powder, ¼ teaspoon pepper, 2 tablespoon cornstarch, 1 tablespoon cold water, ½ cup of frozen corn and frozen peas.

Directions: Combine first 11 ingredients, cover and cook on low for 7-8 hours or until meat is tender. Remove bay leaves. In a small bowl, combine cornstarch and cold water and mix until smooth. Add cornstarch mixture into stew. Add frozen veggies to stew. Cover and cook on high for 30 minutes or until thickened. ENJOY!!



### **Virtual Support Groups >>>**

*Due to COVID-19 our group programming is offered virtually via Google Meet. Use the links below to join by computer, tablet or smart phone. You can also dial in to participate by phone.*

**USE VIDEO IF YOU CAN TO SEE EVERYONE IN THE GROUP AND ENJOY THE PRESENTATIONS!**

#### **Adult Support**

10a.m. - 12p.m.

**03/08** Educational Rights & Special Ed. Legal issues:  
Currey Hitchens

**03/15** Behavior Support  
Training: Melissa Fortson, PhD

**03/22** Effective Communication  
**03/29** Support & Sharing

Google Meet: <https://bit.ly/ISDDAdult>

Phone: 414-600-9528,  
PIN: 888 104 633#

**For 03/15-** Zoom meeting:

<https://bit.ly/3sey53Q>

Phone: 646 558 8656, PIN: 840 180  
35275#

#### **Child Support**

6p.m. - 7p.m.

**03/02** Sharing & Games

Google Meet: <https://bit.ly/ISDDChild>

Phone: 617-675-4444, PIN: 730 691 702  
0287#

#### **Teen Support**

6p.m. - 7p.m.

**03/09** Sharing & Games

Google Meet: <https://bit.ly/ISDDTeen>

Phone: 929-226-1946, PIN:508 364 396#

## Client of the Month: Annie Jefferson

Each month we select a Project GRANDD caregiver to highlight so we can get to know each other.

**Age:** 77

**Currently Raising:** Zyasya Smith

**Favorite Activity with the children:** Cook and look at old family photos.

**Favorite quote:** “Draw near to God and He will draw near to you” James 4:5

**Favorite TV show or hobby:** Family Feud and gardening

**Member of Project GRANDD since:** 2019

**Why she was chosen:** Ms. Annie is always present and attentive during our adult support groups. And, her granddaughter, Zyasya is always eager and ready in our children’s support group.



## COVID Corner>>>>

What can we do to lessen the spread of COVID-19?  
**GET VACCINATED!!**

Children 5 and under are now eligible for the COVID-19 vaccine. Visit [vaccines.gov](https://www.vaccines.gov), text your zip code to 438829 or call 1-800-232-0233 to find a location near you.

## Need PPE?

ISDD has FREE KN95 masks and hand sanitizer available for pick up. Transportation stipend is available. Contact your case manager or Anastasia 440-310-3458 for more information.

# Project GRANDD

Funded in Part By:

The logo for the Atlanta Regional Commission (ARC), featuring the letters "ARC" in a bold, yellow, sans-serif font.

Atlanta Regional Commission



**PSSF NETWORK**  
Promoting Safe & Stable Families



**Waterfall Foundation**

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*The Brookdale  
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Group*

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Greater Atlanta**

# Resource Center

*Our February speakers, Rachel Owens & Christina Dumitresu from Legal Aid Atlanta, wished to share the following resources:*

## **The Kinship Care Project – Legal Aid Atlanta**

Assists relative caregivers of children with adoption and custody proceedings as well as ensure that caregivers are maximizing available resources. **To apply for assistance call 855-357-6566.**

## **National Organization of Social Security Claimants Representatives**

For assistance with Social Security Disability Insurance and Supplemental Security Income claims **call 1-845-682-1881.**

Visit us on the Web: [www.isdd-home.org](http://www.isdd-home.org)

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