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*(Grandparents Raising And Nurturing Dependents with Disabilities)*



**NEWS**

**April 2022**

**Volume 17 Issue 4**

## **IN-PERSON SUPPORT GROUP- APRIL 19<sup>th</sup>**

**ISDD is happy to announce that in-person support group meetings will resume in April!** Separate groups will be offered for adults, teens, and children 8-12 with childcare provided for children 7 and under. Transportation stipends of \$10 for attendance and a light dinner will be provided. Registration is required to ensure we have enough food. Register <https://bit.ly/InPersonFulton> or call 470-310-3458. Stay tuned for updates on in-person day support groups. Virtual support groups will continue every Tuesday except the 3<sup>rd</sup> Tuesday of the month.

Support group meetings are safe spaces to give and receive encouragement, comfort and advice from peers. It is a fun and educational way to make new friends. Meetings focus on

various areas of concern for grandparents raising grandchildren with special needs, including, but not limited to: emotional, financial, educational, medical, child development, legal, respite, self-care and relationship building.

The first hour of each meeting is set aside for discussion providing a time for grandparents to share their concerns and hopes with each other. The second hour is educational and will address the specific needs grandparents have raising their grandchildren with special needs.

**VIRTUAL SUPPORT GROUPS FOR CHILDREN AND TEENS WILL STILL BE HELD.**

<b>FULTON COUNTY</b>  ADULTS TEENS (13-18) CHILDREN (8-12) CHILDCARE (7 & under)	Metropolitan Branch of Atlanta Fulton Public Library System  1332 Metropolitan Pkwy SW Atlanta, GA 30310  <u>RSVP is required. <b>Deadline to RSVP April 15<sup>th</sup></b></u>	Every Third Tuesday of the month  RSVP to <a href="https://bit.ly/InPersonFulton">https://bit.ly/InPersonFulton</a> or call Anastasia Frimpong at 470-310-3458
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## FREE IN-HOME TUTORING

Is your child struggling in school? Could tutoring help? ISDD has partnered with In-Home Tutors Atlanta to provide free tutoring services in your home or virtually online to school-aged children ages 5-18 who are not performing at grade level. If interested, contact Thindiwia Meredith, Program Director at 470-310-3452.

## SPRING FAMILY FUN DAY- MAY 7<sup>TH</sup> @10AM-2PM

The High Museum is joining with ISDD to offer a **FREE** opportunity for caregivers who are active in Project GRANDD to make a joyful memory with the children in your care. Your day will include an introduction to the museum, hands-on art activity and lunch. This event is suitable for children aged 3 to 17. The museum will provide free parking in their parking deck and ISDD will provide transportation stipends (\$10/auto, \$5 per person by MARTA, or \$8 MARTA Mobility). If you want to take part in this wonderful experience, register at <https://bit.ly/HighFFD> or contact your case manager by **April 15<sup>th</sup>**! NOTE- you must be actively participating in Project GRANDD by working with your case manager or attending support groups/ classes to attend this event. This event is ONLY for you and the children you are responsible for raising.

## SUPPORT GROUPS

Starting April 19<sup>th</sup>, in-person support groups will be conducted on the third Tuesday of each month unless stated otherwise. Virtual support groups will still continue for those who cannot attend.

**USE VIDEO IF YOU CAN TO SEE EVERYONE IN THE GROUP AND ENJOY THE PRESENTATIONS!!**

**There will be no support group on 04/26**

<b>Adult Support</b> 10AM-12PM	<b>04/05-</b> The Effects of Stress on your Health: Oak Street Health  <b>04/12-</b> Understanding Autism and Advocacy: Dr. Melissa Howard	Google Meet: <a href="https://bit.ly/ISDDAdult">https://bit.ly/ISDDAdult</a>  Phone: 414-600-9528 PIN: 888 104 633#
<b>Family Support</b> 6PM-8PM	<b>04/19-</b> Support & Sharing	Fulton Public Library System- Metropolitan Branch
<b>Child Support</b> 6PM-7PM	<b>04/06-</b> Sharing & Games	Google Meet: <a href="https://bit.ly/ISDDChild">https://bit.ly/ISDDChild</a> Phone: 617-675-4444 PIN: 730 691 702 0287#
<b>Teen Support</b> 6PM-7PM	<b>04/13-</b> Sharing & Games	Google Meet: <a href="https://bit.ly/ISDDTeen">https://bit.ly/ISDDTeen</a> Phone: 929-226-1946 PIN: 508 364 396#

## ACT PARENTING CLASS- STARTING APRIL 21<sup>st</sup> @10AM-12PM

ACT Raising Safe Kids is an evidence-based curriculum from the American Psychological Association designed to provide caregivers of children 0 – 10 years old with a toolbox of skills to effectively deal with difficult behaviors and form strong, healthy, loving attachments with your relative children. In nine weekly, two-hour fun and interactive classes, you'll learn what children can do and understand at different ages, effective methods of discipline, how to resolve conflicts in positive ways and how to reduce the influence of electronic media. **Classes are held virtually on Thursdays from 10AM-12PM beginning April 21, 2022.** The course is free, but pre-registration is **REQUIRED** so that we can mail the class materials to you. Deadline for registration is April 12th and classes begin April 21st. Register here: <https://bit.ly/ACTFeb2022> or call Laquena Craig at 470-798-3025. **\$100 grocery gift card will be awarded to those who attend all nine sessions!**

## APRIL FOOD BOX



**EXCITING NEWS!** ISDD has obtained funding to deliver healthy food to your family for a limited time! This new program is available to caregivers who are 55+. Food deliveries will include meat, dairy, fresh fruit and vegetables, pantry items and more. Sorry, we cannot accept individual orders, only substitutions to accommodate allergies or special dietary needs. **Contact your case manager if you would like to receive a food delivery.** The April food box includes: **Chicken breasts, ham, peanut butter, tuna, deli meat, potatoes, cooking oil, bread, milk, juice, eggs, rice, fruits, low sugar cereal, frozen broccoli, frozen green beans, cheese, flour, mayonnaise, margarine, mac-n-cheese, onions, and carrots.**

## GRADUATION ASSISTANCE

Do you have a grandchild graduating from high school? Do you need assistance with graduation fees? If so, contact your case manager to discuss resources available to assist your child in preparation for this unforgettable moment! Congratulations to the ISDD grandparents and their amazing grandchildren!!





Funded in Part By:



Waterfall Foundation



United Way of Greater Atlanta



Thompson Fund & Dyer Family Fund of the Community Foundation for Greater Atlanta

The Brookdale Foundation Group

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